media release

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Fall is the Perfect Time to Experience Colorado Agriculture

BROOMFIELD, Colo. – The air is crisp and hues of red, orange and yellow dot the landscape. There is no better place to enjoy fall in Colorado than on a farm or ranch. This time of year brings a variety of family events involving agriculture including pumpkin patches and corn mazes. To help people explore agritourism in the state, the Colorado Department of Agriculture lists a variety of seasonal activities online at www.coloradoagritourism.com.

"Colorado's harvest continues well into the fall," said Wendy White, marketing specialist for the Colorado Department of Agriculture. "It really is a wonderful time to get out and enjoy our beautiful agricultural landscape, and have a little fun too."

Online resources include a list featuring corn mazes across the state as well as harvest festivals and pumpkin patches. The site also lists farmers' markets, bird watching trails, wineries, breweries, agricultural festivals, ranch vacations and more.

Pumpkin Picking Tips: When selecting your pumpkin, choose a gourd that is heavy for its size, clean, well-shaped with no cracks in the rind and avoid those with soft spots or decay. More than just a

beautiful decoration, pumpkins are nutritious. They are fat free, sodium free, a good source of Vitamin C and an excellent source of Vitamin A.

For more information, visit <u>www.coloradoagritourism.com</u> or call (303) 869-9175.

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